

CK Kids Program Dates 2023 / 2024		Weight Room
		Studio B
		Studio C
		Studio D
		Studio E
		Studio F
Monday Classes		* 45 minute
3:00pm - 3:45pm	Ninja Starz Ages 2 & 3*	** 1.5 hour class
3:45pm - 4:45pm	Karate Beginner Ages 4 - 6	
3:45pm - 4:45pm	Ninja Starz Ages 4 & 5	*** 2 hour class
4:45pm - 5:45pm	Karate Intermediate Ages 6 - 9	
4:45pm - 5:45pm	Ninja Starz Ages 6 - 8	
5:45pm - 6:45pm	Karate All Levels Ages 7 & Up	
5:45pm - 6:45pm	Ninja Starz Ages 9+	
September	18,25	
October	2,16,23,30	
November	6,13,20,27	
December	4,11,18	
January	8,22,29	
February	5,12,26	
March	4,11,18,25	
April	8,15,22,29	
May	6,13,20	
June	3,10	
Tuesday Classes		
3:00pm - 3:45pm	Cooking Ages 2 & 3*	
3:00pm - 3:45pm	Hip Hop Ages 2 & 3*	
3:45pm - 4:45pm	Hip Hop Ages 4 & 5	
3:45pm - 4:45pm	Cooking Ages 4 - 7	
4:15pm - 5:45pm	Rising Stars Dance Team Ages 8 - 11**	
4:45pm - 5:45pm	Hip Hop Ages 6 - 8	
4:45pm - 5:45pm	Cooking Ages 8+	
5:45pm - 6:45pm	Mini Dance Team Ages 6 & 7	
5:45pm - 6:45pm	Hip Hop Ages 9 - 11	
5:45pm - 6:45pm	Hip Hop Jr. Dance Team Ages 8 - 11	
6:45pm - 7:45pm	Hip Hop Sr. Dance Team Ages 10 - 14	
6:45pm - 8:45pm	Sr. Dance Team Ages 13 & Up***	
September	19,26	
October	3,10,17,24	
November	14,21,28	
December	5,12,19	
January	9,16,23,30	
February	6,13,27	
March	5,12,19	
April	9,16,23,30	
May	7,14,21,28	
June	4,11	
Wednesday Classes		
3:00pm - 3:45pm	Creative Movement / Pre-Ballet Ages 2 - 3*	
3:00pm - 3:45pm	Lil' Artists Ages 2 & 3*	
3:00pm - 3:45pm	Lil' Royals Ages 2 & 3	
3:45pm - 5:45pm	Advanced Karate Team***	
3:45pm - 4:45pm	Tap/Ballet/Jazz Ages 4 & 5	
3:45pm - 4:45pm	Lil' Artists Ages 4 - 7	
3:45pm - 4:45pm	Lil' Royals Ages 4 & 5	
4:45pm - 5:45pm	Tap/Jazz Ages 6 & 7	
4:45pm - 5:45pm	Lil' Artists Ages 8+	
4:45pm - 5:45pm	Tap/Jazz Ages 8 - 10	
September	20,27	
October	4,11,18,25	
November	1,8,15,29	
December	6,13,20	
January	10,17,24,31	
February	7,28	
March	6,13,20	
April	10,17,24	
May	1,8,15,22,29	
June	5,12	
Thursday Classes		
3:00pm - 3:45pm	Acrobatics Ages 2 - 3*	
3:45pm - 4:45pm	Karate Beginner Ages 4 - 6	
3:45pm - 4:45pm	Acrobatics Ages 4 - 6	
4:45pm - 5:45pm	Karate Intermediate Ages 6 - 9	
4:45pm - 5:45pm	Acrobatics Ages 6 - 9	
4:45pm - 5:45pm	Rising Star Dance Team Ages 8 - 11	
5:45pm - 6:45pm	Karate All levels Ages 7 & Up	
5:45pm - 6:45pm	Advanced Acrobatics Ages 8 - 11	
5:45pm - 6:45pm	Jr. Dance Team Ages 10 - 13***	
6:45pm - 8:45pm	Sr. Dance Team Ages 13 & Up***	
6:45pm - 7:45pm	Acrobatics Ages 12+	
September	21,28	
October	5,12,19,26	
November	2,9,16,30	
December	7,14,21	
January	11,18,25	
February	1,8,29	
March	7,14,21	
April	11,18,25	
May	2,9,16,23,30	

June	6,13			
Friday Classes				
3:45pm - 4:45pm	Tap/Jazz Ages 7 - 9			
3:45pm - 4:45pm	Musical Theatre (Drama/Singing) Ages 4 - 8			
4:45pm - 5:45pm	Zumba Ages 6+			
4:45pm - 6:45pm	Musical Theatre (Drama/Singing) Ages 9 - 13***			
5:45pm - 6:45pm	Acrobatics Ages 5 - 8			
6:45pm - 7:45pm	Acrobatics Ages 9+			
5:45pm - 7:15pm	Tap/Hip Hop Ages 9+**			
September	22,29			
October	6,13,20,27			
November	3,17			
December	1,8,15,22			
January	5,12,19,26			
February	2,9			
March	1,8,15,22			
April	12,19,26			
May	3,10,17,24,31			
June	7,14			
Saturday Classes				
9:00am - 10:00am	Karate Beginner Ages 4 - 7			
10:00am - 11:00am	Karate Intermediate Ages 7 - 12			
10:00am - 12:00pm	Jr. Dance Team Ages 10 - 13***			
11:00am - 12:00pm	Karate All Levels Ages 12 & Up			
11:00am - 12:00pm	Tap/Ballet/Jazz Ages 4 & 5			
12:00pm - 2:00pm	Sr. Dance Team Ages 13 & Up			
12:00pm - 1:00pm	Tap/Ballet/Jazz Ages 6 - 8			
1:00pm - 2:00pm	Hip-Hop Ages 13+			
2:00pm - 3:30pm	Cont/Jazz/Tap Ages 13+**			
September	16,23,30			
October	14,21,28			
November	4,18			
December	2,9,16,23			
January	6,13,20,27			
February	3,10,24			
March	2,9,16,23			
April	6,13,20,27			
May	4,11,18			
June	1,15			